



COFFEE + BREAKFAST + BISCUITS

## ESPRESSO DRINKS

### ESPRESSO 4

2oz

Served with sparkling water

### CAPPUCCINO 5

6oz

Espresso topped with foamed milk

### LATTE 5.75 | 6.25 | 6.75

12oz | 16oz | 20oz

Espresso with steamed milk. Available hot or cold

### MOCHA 6.25 | 6.75 | 7.25

12oz | 16oz | 20oz

Latte with chocolate sauce. Available hot or cold.

### CAFE AMERICANO 4 | 4.5 | 5

12oz | 16oz | 20oz

Espresso with added water. Available hot or cold.

## GOAT SPECIALTY DRINKS

### SPANISH MOCHA 6.5 | 7 | 7.5

12oz | 16oz | 20oz

Mocha latte with a blend of sugar, cocoa powder, cayenne, and salt

### SALTED CARAMEL CUBAN 6.5 | 7 | 7.5

12oz | 16oz | 20oz

Salted caramel coffee with sweetened condensed milk

### SALTED CARAMEL COLD FOAM 6.5 | 7 | 7.5

12oz | 16oz | 20oz

Cold brew, caramel syrup, salt, cold foam, caramel drizzle

### HOT CHOCOLATE 4.5 | 5 | 5.5

12oz | 16oz | 20oz

Made with chocolate and marshmallow

## TEA

### CHAI 6 | 6.5 | 7

12oz | 16oz | 20oz

Blended with steamed milk. Available hot or cold.

### HOT TEA 4

Ask barista for selections

### MATCHA 6 | 6.5 | 7

12oz | 16oz | 20oz

Blended with steamed milk. Available hot or cold.

### HOUSEMADE SYRUPS .50:

Vanilla, Chocolate, Sweet Cream, White Chocolate, Hazelnut, Caramel, Sugar Free Caramel, Sugar Free Vanilla

PFLUGERVILLE

TX

Monday-Friday 6am-10pm  
Saturday-Sunday 7am-10pm

## HOUSE BREWED COFFEE

### HOT COFFEE 3 | 3.5 | 4

12oz | 16oz | 20oz

### COLD BREW 4 | 4.5 | 5

12oz | 16oz | 20oz

### COFFEE TOTE 19

Eight 12 oz cups of house filtered coffee in tote

### COLD BREW TOTE 26

Eight 12 oz cups of cold brew in tote

## SMOOTHIES

### STRAWBERRY\* 7.25

20oz

Add banana .50

### GREEN\* 7.25

20oz

### THE FEAST\* 10

20oz

Vanilla protein powder, oats, frozen berries, banana, nut butter, honey, yogurt, Himalayan salt, water, milk of choice.

### PB DELIGHT 10

20oz

Chocolate protein, banana, peanut butter, oats, oatmilk

### THE WAKE UP CALL\* 10

20oz

Vanilla Greek yogurt, coffee, banana, vanilla protein powder

All protein smoothies include 1 scoop of Optimum whey protein, upgrade to PROTEIN PACKED - 2 scoops of protein +3

### ADD ONS:

Chai Seed 1

Cocovia Cocoa Powder 2

Hydrolyzed Collagen 1.5

\* Includes dairy

Soy milk, almond milk, oat milk, whole & skim milk are available.

OUR COFFEE COMES FROM FROTHY MONKEY IN NASHVILLE, TENNESSEE.

MORNING RITUAL FOOD IS SERVED DAILY UNTIL 2<sup>PM</sup>

## PASTRIES + TREATS

### MUFFINS 4.5

Maple with blueberry and bacon, carrot with cream cheese, chocolate espresso, or banana chocolate chip

### MOM'S COFFEE CAKE 4

Mom's famous recipe

### BAKED APPLE CINNAMON ROLL 4.5

Cinnamon, apples, brown sugar, cream cheese icing

### BAGELS 3

Everything or plain. Served with butter or cream cheese.

### GRANOLA BARS 4

Peanut butter pretzel, cranberry almond, s'mores

## SIGNATURE HOMEMADE BISCUITS

### BUTTERMILK BISCUITS (3) 5.5

Served with strawberry preserves or pimento cheese

### VEGAN BISCUITS (3) 5.5

Served with strawberry preserves

## SANDWICHES

### BREAKFAST SANDWICH 6.75

Buttermilk biscuit, scrambled egg, cheddar cheese (vg)

### VEGAN BREAKFAST SANDWICH 8

Vegan biscuit, Zero Egg, plant based cheddar cheese, impossible sausage

### HOT CHICKEN SANDWICH\* 7.25

Nashville hot chicken, pimento cheese, pickle

## EATS

### EGG + CHEESE BITES 5.5

Scrambled egg, aged white cheddar cheese (vg)

### VEGAN HERBIVORE BITES 7

Zero Egg, roasted red peppers, red onion, diced tomatoes, spinach

### SINGLE HUEVOS RANCHEROS\* 6.75

Crispy flour tortilla, black bean spread, hash brown, grilled tomato, over easy egg, avocado crema, smoked sweet pepper sauce (vg)

### BREAKFAST TACOS (2)\* 10

Corn tortillas, scrambled eggs, smoked pork, cheddar, house hot sauce

### BREAKFAST BURRITO 6.75

Corn black bean salsa, bacon, scrambled eggs, cheddar cheese, tater tots

### GRANOLA & YOGURT BOWL 6.75

Roasted almond granola, greek yogurt, fresh berries, strawberry preserves

## DESSERTS

### SWEET POTATO CHEESECAKE 7.25

Almond struesel, caramel sauce, whipped cream, dusting of cinnamon

### S'MORES BROWNIE 10

Graham cracker crust, warm brownie, marshmallows, mocha drizzle, served with a scoop of vanilla gelato

### CHOCOLATE CHIP CANNOLIS 7.25

Chocolate cannoli cream, chocolate dipped cannoli shells, whipped cream

## CATERING MADE EASY (and delicious)

Scan the QR code below  
to make your next event  
a delicious one!



# MORNING RITUAL

Please tell your server about any dietary needs. Though our menu does offer many gluten friendly items, our kitchens are not 100% gluten free.

\*Consuming raw or undercooked meat, seafood, or egg products can increase your risk of foodborne illness. (vg) vegetarian (gf) gluten free

VISIT [MORNINGRITUAL.COM](http://MORNINGRITUAL.COM) TO VIEW OUR MONTHLY SPECIALS.